



# Parent & Family Handbook 2020-2021



The mission of the Mandel JCC is to build community and enhance connection to Jewish life.

5221 Hood Road, Palm Beach Gardens • [JCConline.com](http://JCConline.com)  
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**Our mission is to teach self –confidence, discipline and well-being through the lifelong sport of swimming**

**Swim Lesson Parent Questionnaire**

**Please fill out the form below with the best of your ability to let us learn a bit about you and your child so we can evaluate and place your child in the correct level class**

**Swimmer's Name** \_\_\_\_\_ **Age** \_\_\_\_\_

**Parent/Guardian's name** \_\_\_\_\_ **Phone #** \_\_\_\_\_

Is your child currently enrolled in any of our JCC programs? Or has been in the past?

\_\_\_\_\_

Has your child taken swimming lessons before? Private or group? \_\_\_\_\_

Please let us about your child's swimming experience \_\_\_\_\_

\_\_\_\_\_

What are your goals for the swimming lessons?

\_\_\_\_\_

Would you prefer your child to be in a group lessons or private lesson? Please tell us why

\_\_\_\_\_

Does your child have any medical need that we should know about? \_\_\_\_\_

\_\_\_\_\_

How does your child feel about separation? \_\_\_\_\_

Is your child fully potty trained? For how long? (Please see our diaper policy)

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**My child can comfortably: (Please check all that apply)**

**Beginner levels**

- Enter/exit water using ladder/steps
- Submerge mouth, nose and eyes
- Submerge entire head
- Bob up and down in water
- Blow bubbles out of mouth and nose and open eyes under water.
- Roll over front/back
- Float on front and back
- Travel independently 5-10 yards independently front/back
- Swim on front and back using combined arm and leg action
- Pick up submerged objects with eyes open
- Enter water by jumping from side, fully submerge then recover to the surface and return to the side

**Advanced levels**

- Swim underwater 3-5 body lengths
- Front crawl ( 15-20 yards with side breathing)
- Back crawl ( 15-20 yards)
- Breaststroke ( 15-20 yards)
- Elementary back stroke ( 15-20 yards)
- Butterfly ( 15 yards)
- Tread water ( 1-2 min)
- Head entry from side

Do you feel that your child is ready to enter swim team?

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How does your child feel about competitive swimming?

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# REGISTRATION FORM

Participant's First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Parent #1 Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Parent #2 Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

Please list class option(s):

<u>Class</u>	<u>Fees</u>
1. <i>Group lessons (up to four participants)</i>	<i>\$25 per class</i>
2. <i>Private lesson (one on one)</i>	<i>\$50 per class</i>
3. <i>Semi- private (2 participants)</i>	<i>\$35 per class</i>
4. <i>Swim team-</i>	<i>\$90 monthly</i>
5. <i>Jr Lifeguard Camp</i>	<i>\$200</i>

**Total: \$** \_\_\_\_\_

Payment Options:

Credit /Card Type: \_\_\_ Visa \_\_\_ MasterCard \_\_\_ American Express \_\_\_ Other

Name as it appears on card: \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Exp Date \_\_\_\_\_ CVC \_\_\_\_\_

\_\_\_\_\_  
Cardholder's Signature

Welcome to The Mandel Jewish Community Center's JSwim program. Please take the time to carefully read and review our policies for parents and guardians. These policies have been created in order to meet our commitment of providing timely, quality service to all of our families.

*Policies listed in Alphabetical Order*

## ARRIVAL PROCEDURES

- Please ensure that your child(ren) arrive 10 minutes prior to the designated start time at the location of their lesson. Please make sure that you budget enough time to adequately dress (see Swim Attire and Diapers section) the child(ren) prior to start time.

## ASSUMPTION OF RISK

I further understand that swimming is a hazardous activity. I understand that there are risks inherent in activities conducted by The Mandel Jewish Community Center including, but not limited to, paralyzing injuries, brain injuries and death. With the full understanding of the facts, I state, that to the best of my knowledge, my son/daughter listed on this application has no medical, physical, mental or emotional health conditions which would hinder or prevent his/her active participation, unless otherwise communicated, in The Mandel Jewish Community Center programs.

## COMMUNICATION

The Mandel Jewish Community Center likes to ensure that our customers are up to date with all relevant information. Please provide your email address and cell phone number during the registration process. On occasion we may email and/or text you with information, newsletters, upcoming events and promotions. If you would like to opt out of these emails and updates, please let us know.

## COVID-19 PRECAUTIONS

The Mandel JCC is following the CDC guidelines as well as state and local Health Department recommendations to promoting social distancing. These efforts in regards to JSwim include:

- Same group of children each day whenever possible
- Restricting intermingling of groups
- Less participants in the pool at one time
- Temperatures taken upon arrival for both staff and swimmers
- Consistent sanitization of equipment

Children will be asked to wear masks when arriving and departing the Mandel JCC as well as transition times and when they are coming to and leaving the pool. In the pool, masks will not be required.

Children and staff will not be able to attend the program if they have a temperature of 100.4 or higher. Parents will be asked to pick up within 30 minutes. If you are not able to pick up within that time frame, we will begin calling names on your emergency contact list. Please

ensure that these individuals are comfortable picking up a sick child. Please help us ensure the health and safety of everyone at the Mandel JCC by adhering to our policy.

## HOLIDAYS

The Mandel Jewish Community Center teaches lessons year round (including school holidays) with the exception of New Year's Day, Passover, Memorial Day, Shavuot, Independence Day, Labor Day, Rosh Hashanah, Yom Kippur, Sukkot, Shemini Atzeret, Simchas Torah, Thanksgiving, and the Christmas Holiday. The price of your session already reflects these missed days so the price will not need to be adjusted.

## INSTRUCTOR INFORMATION

Since many of our lessons run consecutively, there may not always be time before or after your child(ren)'s lesson to speak directly with the swim instructor. If you are interested in communicating with your child's instructor, please email [sofiam@jcconline.com](mailto:sofiam@jcconline.com)

The Mandel Jewish Community Center realizes the importance of maintaining the consistency of our swim instructors when working with our children. We will do our best to minimize staffing changes, but unfortunately, there may be times when your child(ren)'s swim instructor may not be available due to unforeseen reasons. If an instructor is absent, The Mandel Jewish Community Center reserves the right to provide a substitute teacher of equal or greater qualifications without prior notice. Please be open-minded about new instructor/substitutes so that your child(ren) will be as well. In addition, The Mandel Jewish Community Center cannot promise a male or female instructor. All swim instructors participate in the same training program and all use the same curriculum.

## MAKE-UP POLICY

Because of our strict student to teacher ratio, missed classes will not result in prorated tuition or refunds. Should your child miss their regular lessons, you may schedule a makeup class based on availability within the current teaching schedule. Please understand that we do not guarantee the same teacher or time for rescheduled lessons. If your child is unable to attend one of our designated make up sessions, please let us know promptly so we may open that class up to another member. In order to keep the integrity of each class, we do not schedule back-to-back classes for makeups. Your child is required to make up the class within the session dates and if the make-up class is not completed during that time, it is forfeited.

If your child needs to miss their regularly scheduled lesson or the makeup lesson, please contact us at [Sofiam@jcconline.com](mailto:Sofiam@jcconline.com) or at 561.712-5274

## MEDICAL EMERGENCIES

In the event of a medical emergency, the undersigned Parent(s)/Guardians(s) of the above named participants, hereby grants authorization to The Mandel Jewish Community Center and its representatives to employ any legally licensed physician or health care facility on behalf of each of the undersigned, and to direct and/or order emergency medical treatment for the above named participant. The undersigned further agrees that neither The Mandel Jewish Community Center nor any of its representatives, its officers, agents, and employees shall be liable under any circumstance to anyone exercising the foregoing authority in the event of an emergency. The undersigned agrees to pay all costs associated with medical care and transportation received by the participant.

## PHOTOGRAPHS AND VIDEO RECORDING

Photos and videos are occasionally taken at the Mandel Jewish Community Center and are used for publicity purposes and on social media. By signing this form you are authorizing the use of any such photo and/or videos for any promotional and/or documentary purpose without compensation.

## PROGRAM FEES

Program fees must be paid on a card and full payment is required at time of enrollment. No refunds or credits will be given once the program begins. If you choose to cancel before the program begins, you will receive a program credit to your Mandel JCC account for the full amount minus a \$25 processing fee.

## PROLONGED CLOSURE

The Mandel JCC has developed this policy to address the financial implications of a prolonged closure in our JSwim Program. A prolonged closure is defined as more than ten consecutive days of program closure. The following policy will ensure that we remain functional during a prolonged closure and that your child's place in our JSwim program is secure.

1. If prolonged closure begins prior to the 15<sup>th</sup> calendar day of a month, you will receive a prorated credit for the days missed.
2. If the Mandel JCC is closed into a new month, installment payment will be paused until we reopen.

This payment policy addresses situations that force the Mandel JCC to close the due to unforeseen circumstances, including, but not limited to:

- Weather emergencies
- Natural disasters
- Threats
- Global health emergencies

## REFUND POLICY

The Mandel Jewish Community Center JSwim does NOT issue refunds for any reason once the program begins. If you choose to cancel before the program begins, you will receive a program credit to your Mandel JCC account for the full amount minus a \$25 processing fee.

## SEVERE WEATHER CANCELLATIONS

**We will close during severe weather conditions, which typically entail heavy rain, cold, lightning, and tropical storm or hurricane warnings.** We will reopen once power is restored and management deems that the JSwim environment and pool conditions meet our standards for safety. If you have any questions about whether or not the pool is open after a storm, please call our office and listen to the recorded voicemail message. During times of uncertainty, we will keep all messages up to date.

- If the outside temperature is colder the 60° F, we will cancel swim lessons.
- If lightning is detected in the area, the pool will be closed.
  - If 15 minutes of the lesson was completed, there will be NO makeup lesson.



- If less than 15 minutes of the lesson was completed, there will be a makeup lesson (refer to makeup policy).
- It is the responsibility of the parent/guardian to call us to see if there will be lessons based on weather conditions.

### SWIM ATTIRE AND DIAPERS

- Proper swim attire is required at all times for the child(ren). Swimsuits are required for both boys and girls (underwear is not an acceptable form of swim attire). Please change your child(ren) in the locker room and not on the pool deck.
- Swim masks covering the nose are not permitted.
- Please remove all Band-Aids before entering the pool and please keep your child's nails trimmed.
- If a child is not toilet trained or is toilet trained for less than 6 months, he/she must wear a disposable diaper and an approved cloth swim diaper to assure a double layer of protection. The cloth swim diaper must pass the two-finger test (if 2 fingers can be inserted under the elastic in the legs and waist, the swim diaper is too large and the child will not be permitted in the water). Wearing only a disposable diaper is not allowed, as **disposable diapers alone do not pass** The Mandel Jewish Community Center and Board of Health codes.
- Please avoid milk, dairy products, spicy foods, and large meals before lessons.



# **JSwim Parent and Family Handbook Acknowledgement and Participant Waiver**

I hereby acknowledge and agree that participation in any Mandel JCC activities and use of any recreational facilities involves a risk of accidental injury despite all safety precautions. Having been informed of the activities to be conducted by the Mandel Jewish Community Center of the Palm Beaches, Inc., we as an individual and/or as a parent and/or legal guardian of the participants named herein, assume all risks and hazards, incidental to the activities and release from all responsibility and agree to indemnify and hold harmless the Mandel Jewish Community Center of the Palm Beaches, Inc., its officers, directors, independent contractors, volunteers and all employees; as well as the Jewish Federation of Palm Beach County for any illness or injury to me or my children and/or family members occurring during their participation in any activities or use of any recreational facilities at or conducted by the Mandel Jewish Community Center of the Palm Beaches, Inc.

Coronavirus, COVID-19 is virus that spreads through person-to-person contact. Federal and state authorities recommend social distancing as a means to reduce the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in Mandel JCCs programs or accessing Mandel JCCs facilities could increase the risk of contracting COVID-19. While the Mandel JCC is taking many steps to prevent the spread of COVID-19, the Mandel JCC in no way warrants that COVID-19 infection will not occur through participation in Mandel JCCs' programs or accessing Mandel JCCs facilities.

I/We hereby grant permission for the Mandel JCC and/or its agents to photograph and/or video tape the above named registrant during their participation in activities or use of recreational facilities at the Mandel JCC. I further authorize the use of any such photos and/or videos for any promotional and/or documentary purpose without compensation. I have read and agree to the Mandel JCC's policies on refunds, cancellations, credits, transfers and program policy as well as the liability waiver.

By enrolling my child in the JSwim Program at the Mandel Jewish Community Center of the Palm Beaches, Inc. (JCC), I understand and agree to the terms as stated on this page. In the event of an emergency, if I am unable to be contacted, I hereby grant permission to the JCC to authorize any emergency action necessary to ensure my child's safety.

I understand the contents of the JSwim Parent and Family Handbook. My signature indicates that I have reviewed this guide and will follow the guidelines included in the handbook.

Child 1 Name: \_\_\_\_\_

Child 2 Name: \_\_\_\_\_

Child 3 Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_